From the Principal

Dear Parents and Carers

We are fortunate at the College to have two major support groups who contribute significantly to our community. The College Board and the Parents & Friends Association are made up of volunteers who help the College. The Ignatius Park College Board was inaugurated in August 2001. The Board is a non-representative, constitutional Board with the purpose of supporting the College and College Principal in policy formation and financial management. The Board works closely with Edmund Rice Education Australia in Melbourne to ensure that the philosophy of Edmund Rice underpins strategic directions and is not a Board of Management.

We currently have two vacant positions on the College Board. Any parent who is interested in serving on the Board should contact me here at the College for an application form.

We enjoyed a very successful swimming carnival last Friday. The boys’ behaviour and participation were excellent in very hot conditions. Congratulations to the following Age Champions:

12 Years  First - Darcy Cussen (Treacy); Second - Codi Arena (Nolan); Third - Aiden Hawkins (Rice)
13 Years  First - Kyle Robinson (Putney); Second - William Bennett (Treacy); Third - Brandon Pearce (Nolan)
14 Years  First - Bayden Hardy (Rice); Second - Kian Dalton (Nolan); Third - Anthony Grech (Reid)
15 Years  First - Thomas Rawston (Nolan); Equal Second - Thomas Bennett (Treacy) and Samuel Nimmo (Carew)
16 Years  First - Matthew Beauchamp (Nolan); Second - Henry Lyons (Reid); Third - Nicholas Nugent (Baillie)
Open    First - Mackenzie Bagley (Rice); Equal Second - Nicholas Cussen (Treacy) and Jason Alsemgeest (Carew)

Congratulations also to the Nolan House who are 2016 Swimming Champions and to the Putney House who won the Junior Aggregate. I would like to finish today with a reflection about Confidence.

Confidence is not demonstrated by arrogance, rather it is evidenced by patience. It is quite, calmly persistent and effective. Confidence is not boastful. Instead, confidence is capable and does not change course with every shift in the wind. Confidence adjusts to changes in order to remain on a sure and steady course. It has the strength to be kind and the courage to be truthful. To become more confident, we must endeavour to be more patient, to build our own confidence, and do the preparation that will make us more capable and effective. We must focus clearly on our purpose, even in the face of disappointment. We must act with sincere kindness towards others and give truth the highest priority. These things define confidence; they will bring out our own confidence. Deep-seated confidence will add real value to everything we do. We cannot take it from someone else, or expect for it to be given to us.

Yours sincerely
Michael Conn | Principal
Identity & Mission

Gratitude
As we draw toward the end of February, and a month of this school year, it is a good time to remind ourselves that we are blessed by God in so many ways. God is indeed in all things – it is just for us to look and see God’s presence in our world and its moments. There is part of our human condition that requires us to temper our desires for more for self alone, or to do more on a constantly evolving list of things ‘to do’. Follow this link for a prayer on gratitude from Fr James Martin SJ, that I commend for you to reflect upon. Mindfulness and gratitude lead us to being in the moment – a moment of God’s grace.

Edmund Rice Awards – Seeking 2016 Nominations
On Wednesday 23 March, we shall be having an Easter Liturgy followed by a day celebrating the legacy of Edmund Rice. As part of this Liturgy, we acknowledge those in both the school community and in the wider community (parents and friends) who have served the College in the spirit of Edmund Rice.

All College community members are invited to nominate adults who, in your opinion, fulfil the criteria of humble service of others in the spirit of Edmund Rice, following Jesus’ example to Ignatius Park College. Please note this is for adults only and students are recognised at the end of the Year.

On receipt of nominations, the College Leadership Team will discern Award recipients for each year. Your nomination should state simply their name, your name and your reasons for nominating them in respect of the criteria. Your nominations or any enquiries are welcome by Friday 11 March to me via email: frank.clarke@ipc.qld.edu.au.

Tuesday Morning Mass – A Lenten Devotion
This week’s number is 5…. 5 souls were able to gather for Mass on Tuesday morning at 8am under the Mango tree. How many will there be next week? Weekday Mass usually will take 15 minutes. All students, staff, parents and Old Boys are welcome…. and there will still be time to call into the Toast Room!

Christian Meditation
Mr Peter Moneypenny facilitates Christian Meditation on Thursday mornings under the mango tree at the front of College Reception. Some students orientate us toward prayer. All students, staff, parents and Old Boys are welcome…. and there will still be time to call into the Toast Room!

Live Jesus in Our Hearts, Forever.

Frank Clarke  | Deputy Principal - Identity & Mission
Program Leaders

John Alloway
Head of Sport

Shane Dove
Vocational Education and Training

Tracy Nioa
Learning Enrichment

Teacher-In-Charge

Claire Dickson
Instrumental Music Co-ordinator

Tracey Quabba
Languages

Judy Squire
Hospitality
Excursion to James Cook University

Recently, the Year 12 Physical Education class travelled to James Cook University to participate in a variety of activities in conjunction with the Sports and Exercise Science Department. The students participated in a battery of tests that were linked to their current studies. The boys had an enjoyable time and were able to link the submaximal testing to their current physical unit. The skills and tests learnt at the University will be replicated at school later in the term.

Dave Elliott | Teacher

Literacy Corner

Audio books can be very good for showing correct pronunciation and are great for encouraging expression when reading. These can be loaned out at a library or from sites like YouTube. A quick google search can also bring up some great short stories that the boys can listen to and be engaged by. There are some great android and apple apps for audio books too. Search your playstore or appstore for books of interest.

Nadine Burnett | Learning Support Teacher

VET News

Next week our 110 Year 11 and 12 Industry Placement students will be out and about in the community gaining valuable experience in areas such as – electrical, carpentry, plumbing, hospitality, boiler making, aged care, mechanical, diesel fitting, information technology and many more. We hope the boys enjoy the experience and recognise the importance of this week for their long term employability. We wish them all the best.

We would also like to thank the many employers that make the effort to offer our students this invaluable experience. Without their generosity the program would not survive.

Congratulations to Connor Evanson (11 Carew), Jacob Smith (12 Baillie) and Lachlan Doyle (11 Carew) who were recently signed for School Based Apprenticeships.

Shane Dove | Program Leader - VET/RTO Manager
**Curriculum**

**Year 11 Biology Excursion**

Corals are some of the strangest animals on the planet: they don’t move, have massive skeletons that far outweigh their tissues, use sunlight for energy and live in colonies. Due to these strange features, they have been very difficult for biologists to come to grips with. Even the most fundamental step in biology, classification, has proven difficult. Fifty-one Biology students joined MTQ Scientist, Dr Paul Muir, to go through some of the problems encountered classifying corals and, along the way, were shown the basic principles of classification and taxonomy during a workshop and activities. This workshop, held at the Museum of Tropical Queensland, was developed as part of the recent World Science Festival Program and coincides with the Year 11 Biology unit of Classification and Ecology. It was wonderful to see the students engage with their learning.

Georgia Stayte | Teacher

**Digital Technology**

The use of digital technology and how to parent in this area has become a hot topic in the last few years. The challenge for parenting across all age groups is that we, as parents, have no frame of reference in which to parent by. We can’t ask our parents “how did you manage this?” or think about when we were children how our parents managed the use of digital technology. There is no ancestral parenting for this level of technology. An example of how quickly our uptake of technology in the digital age has become is that the radio took 37 years before it became a common item in a household. The Angry Birds game took 35 days!

We have all seen the “techno tantrum” that occurs when we ask our children (or ourselves or partners) to stop playing the phone or smart tablet. Each time you “win” an extra credit or get to the next level, our brains get a squirt of dopamine - the feel-good neurotransmitter. No wonder they don’t want to give it up!

When we give children an electronic device we need to ask ourselves, are we giving it to them to educate them, entertain them or to pacify them? There are some fantastic Apps and TV programs out there for all ages, as long as we are consciously aware of why we are using them. Strategies such as:

- using the timer on the device
- priming your child about the show they are about to watch or ask questions about what they may have learnt after a program – so they don’t become a digital zombie in front of the TV
- having a media contract with your children about when they will use their digital technology and
- having some tech-free zones are all strategies to consider.

To provide guidance on using digital technology, Dr Kristy Goodwin, from Every Chance to Learn suggests the 5 W’s. **What** are they using? **When** are they using it? **Where** are they using it? **With** whom are they using it? **Why** are they using it?

For further information and guidance about parenting in the Digital World, Kristy’s [website](#) has some useful tools and strategies.

Dannielle Charge | Careers and Student Counsellor
Abergowrie 9s

Ignatius Park College entered two teams in this Competition which was contested between a range of North Queensland schools. Both teams played very well on the day, with Ignatius Park White progressing through to the Semi-Final, before a narrow defeat to Kirwan State High 14 – 6. Ignatius Park Blue progressed through the day undefeated and met Kirwan State High in the Final. The boys found an extra gear in the Grand Final running out winners 16 – 4, to be crowned Matthew Bowen 9’s Champions for 2016. All of the boys should be extremely proud of their efforts on the day and they represented themselves, their school and their families with pride. The First XIII now look forward to continuing their preparations to meet Kirwan State High in the opening round of the Aaron Payne Cup on Wednesday, 2 March.

Christian Quabba | Rugby League Coordinator

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<tr>
<th>IPC Blue</th>
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<td>2 Mackenzie Baker</td>
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Year 12 Indigenous Leadership Excursion

Recently, a number of Year 12 students participated in a leadership afternoon. The purpose of the event was for students to reflect on their involvement in the Indigenous programs at Ignatius Park College over the last few years and also to set goals for the year ahead. The afternoon also provided the students with an opportunity to listen to stories and experiences from Old Boys about their time at the College as well as what they have achieved in their time since leaving The Park. Guest speakers included Sandra Matters, Anthony Mitchell (2006), Johnathan Reuben (2011), Ben Stanley (2013) and Tristan Neliman-Adams (2013). The afternoon was thoroughly informative and appreciated by those in attendance.

Andrew Kirkpatrick | Indigenous and Multicultural Support

Queensland Hockey

The Queensland U15 Hockey trials were held at the State Hockey Centre in Brisbane over the weekend. Benjamin Judge, Max Spriggs and Curtis James all trained hard in the off-season as part of the Queensland U15 Squad. Their efforts have been rewarded with selection into the Queensland U15 Hockey team – Congratulations! Benjamin Judge – Qld U15 #1 Team
Curtis James – Qld U15 #1 Team
Max Spriggs – Qld U15 #2 Team
We wish them well as the boys travel to Wollongong in April to represent Queensland at the U15 Australian Hockey Championships.
Swimming Carnival 2016

Age Champions

12 Years
1. Darcy Cussen (Treacy) 80
2. Codi Arena (Nolan) 68
3. Aiden Hawkins (Rice) 58

13 Years
1. Kyle Robinson (Putney) 78
2. William Bennett (Treacy) 68
3. Brandon Pearce (Nolan) 56

14 Years
1. Bayden Hardy (Rice) 88
2. Kian Dalton (Nolan) 66
3. Anthony Grech (Reid) 60

15 Years
1. Thomas Rawstron (Nolan) 98
2. Thomas Bennett (Treacy) and Samuel Nimmo (Carew) 60

16 Years
1. Matthew Beauchamp (Nolan) 92
2. Henry Lyons (Reid) 76
3. Nicholas Nugent (Baillie) 72

Opens
1. Mackenzie Bagley (Rice) 96
2. Nicholas Cussen (Treacy) and Jason Alsemgeest (Carew) 76
Swimming Carnival 2016 Overall Results
House Champions - NOLAN

2nd - RICE

3rd - BAILLIE

4th - TREACY

5th - CAREW

6th - REID

Middle School Champions - PUTNEY
Chess

Ignatius Park College Chess is off to a good start in 2016! The first round of the Regional Queensland Interschool Chess Competition was held at the College earlier this week. Once again, Ignatius Park was well represented with over 40 students involved in the day. Congratulations to our merit winners that included team captain William Thomas, Blake McKinley, Daniel Rennie, Wiktor Balacinski, Anton Donohue, Jordan Richards, Jeremy Kerr and Riley Rupp. The popularity of Chess continues to grow at the College with many of our younger students in the Middle School registering to play for the very first time. The 2nd Round of the competition will be held on Wednesday 1 June. If your son has an interest in playing Chess for the College, please encourage him to drop by my office and I will provide him with further details. Congratulations to all students involved on the day!

John Fuller | Pastoral Leader - Putney

Soccer Trials

There will be an Under 15 Football Soccer trial for all students who are 14 and 15 years old in 2016 and are interested in trialling for the Ignatius Park College teams. The No. 1 team will play in the Bill Turner Cup competition this year, and the Number 2 team will play other school teams in Townsville, starting Term 2. If your son is interested, please encourage him to see Mr Stewart for a permission letter in the Edmund Rice Room. For the trial, students will need to bring water and shin pads as well as shirt and shorts appropriate for a football game. Trials will be held on Field 2, 3.15pm – 4.30pm on Monday 29 February.

Brendan Stewart | Deputy Principal

Careers Corner

Is your son not sure which path to follow?

There are lots of career planning and exploration websites available. Here are just a few:

- **Job Outlook** is a careers and labour market research information site to help decide on future careers.
- **Careers Online** has career research advice, resume help, job hunting tips, job links, positions vacant notices and lots, lots more...
- The Australian Apprenticeships and Traineeships Information Services [web page](#) contains information and quizzes for jobs, in a range of industries.
- Identify interests, build your career profile and explore options via [My Future](#)

**Live the life you love**

Dannielle Charge | Careers and Student Counsellor
School Photos

A reminder that orders for school photos are due this Monday, 29 February. Please pay online (www.msp.com.au) or return the envelope to the College Office. Orders received after this date will attract a late fee of $10.

P & F

It was lovely to meet parents at last night’s P & F Meeting. If you would like to come along and be a part of the College Community, our next meeting is Tuesday, 3 May at 6pm. Please note, that this is not a fund raising body. It is simply the opportunity for parents to meet and engage with the College is a more informal setting.

If you have any questions, please contact me.

Marg Hodgson | Deputy Principal - Operations & Community Engagement | marg.hodgson@ipc.qld.edu.au

Iggy Park Disco

The dates for the Iggy Park Discos are as follows:

- Saturday March 19, 6.30pm - 10.30pm
- Saturday May 14, 6.30pm - 10.30pm
- Saturday June 18, 6.30pm - 10.30pm
- Saturday August 6, 6.30pm - 10.30pm
- Saturday October 15, 6.30pm - 10.30pm

Please see Ignatius Park College Website for Frequently Asked Questions and Conditions of Entry.

The Discos are used to raise money for those involved in school sport. If you are interested in fundraising for your son, please contact me at the College or via my email address below.

John Alloway | Head of Sport | john.alloway@ipc.qld.edu.au

Students with Dyslexia

If you have a child with dyslexia you may like to download (free version) this font (Lexie). I would suggest a 1.5 line spacing as well. http://www.k-type.com/fonts/lexie-readable/

Nadine Burnett | Learning Support Teacher

Wulguru United Football Club

Wulguru United Football Club was established in 1967 in the southern suburbs of Townsville North Queensland. WUFC is a non profit community based organisation with a membership of approximately 300, consisting of both junior players (5-16 years) and senior men and women players up to and including an over 35s squad. Our vision is to provide a safe, fair and friendly environment that encourages all people to participate in sport and to promote and develop the game with the focus on the well being, enjoyment and the development of football players. The 2016 season is now open and we welcome all new and returning players.

For more information:
Please contact Alma Ridep-Morris | 0415 967 867 | alma.ridepmorris@my.jcu.edu.au
Website: www.wulguruunitedfc.com